# 1S11: Calculus for students in Science 

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## Substitutions in definite integrals

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Recall the $u$-substitution method for computing antiderivatives: given an integral of the form

$$
\int f(g(x)) g^{\prime}(x) d x
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we denote $u=g(x)$ so that $d u=g^{\prime}(x) d x$, so that the integral becomes

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\int f(u) d u .
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In order to use this method to evaluate definite integrals of the same form

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\int_{a}^{b} f(g(x)) g^{\prime}(x) d x,
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we need to take appropriate care of the effect of that on the limits of integration. There are two ways to deal with it, which we shall now outline.

## Substitutions in definite integrals

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Method 1. Use $u$-substitutions only on the level of indefinite integrals: evaluate

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and then use the formula

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\int_{a}^{b} f(g(x)) g^{\prime}(x) d x=\left[\int f(g(x)) g^{\prime}(x) d x\right]_{a}^{b}
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Method 2. Use the relationship $u=g(x)$ to modify the limits:

$$
\int_{a}^{b} f(g(x)) g^{\prime}(x) d x=\int_{g(a)}^{g(b)} f(u) d u
$$

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We denote $u=x^{2}+1$, so that $d u=2 x d x$, and

$$
\int x\left(x^{2}+1\right)^{3} d x=\frac{1}{2} \int u^{3} d u=\frac{u^{4}}{8}+C=\frac{\left(x^{2}+1\right)^{4}}{8}+C .
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$$

Therefore,
$\int_{0}^{2} x\left(x^{2}+1\right)^{3} d x=\left[\int x\left(x^{2}+1\right)^{3} d x\right]_{0}^{2}=\left[\frac{\left(x^{2}+1\right)^{4}}{8}\right]_{0}^{2}=\frac{625}{8}-\frac{1}{8}=78$.

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& \text { for } x=0, u=1, \\
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\end{aligned}
$$

Therefore,

$$
\int_{0}^{2} x\left(x^{2}+1\right)^{3} d x=\frac{1}{2} \int_{1}^{5} u^{3} d u=\frac{1}{2}\left(\frac{5^{4}}{4}-\frac{1^{4}}{4}\right)=78 .
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\begin{gathered}
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\text { for } x=3, u=\pi / 3
\end{gathered}
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\end{gathered}
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Therefore,

$$
\begin{aligned}
& \int_{1}^{3} \frac{\cos (\pi / x)}{x^{2}} d x=-\frac{1}{\pi} \int_{\pi}^{\pi / 3} \cos u d u= \\
& \left.\quad=-\frac{1}{\pi} \sin u\right]_{\pi}^{\pi / 3}=-\frac{1}{\pi}(\sin (\pi / 3)-\sin \pi)=-\frac{\sqrt{3}}{2 \pi} \approx-0.276
\end{aligned}
$$

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Therefore,

$$
\left.\int_{0}^{\pi / 4} \sqrt{\tan x} \frac{1}{\cos ^{2} x} d x=\int_{0}^{1} \sqrt{u} d u=\frac{u^{3 / 2}}{3 / 2}\right]_{0}^{1}=\frac{2}{3}
$$

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Example 5. Let us prove, without evaluating integrals, that

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\int_{0}^{\pi / 2} \sin ^{n} x d x=\int_{0}^{\pi / 2} \cos ^{n} x d x
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In the second integral, we put $u=\frac{\pi}{2}-x$, so that $d u=-d x$.

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and that $\cos x=\cos (\pi / 2-u)=\sin u$. Therefore,

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\int_{0}^{\pi / 2} \cos ^{n} x d x=-\int_{\pi / 2}^{0} \sin ^{n} u d u=\int_{0}^{\pi / 2} \sin ^{n} x d x
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as required.

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$$
\text { for } x=-1, u=-1, \quad \text { and for } x=1, u=1
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and that $\frac{1}{1+x^{2}}=\frac{1}{1+(1 / u)^{2}}=\frac{u^{2}}{1+u^{2}}$.

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and that $\frac{1}{1+x^{2}}=\frac{1}{1+(1 / u)^{2}}=\frac{u^{2}}{1+u^{2}}$. Therefore,

$$
\int_{-1}^{1} \frac{1}{1+x^{2}} d x=-\int_{-1}^{1} \frac{u^{2}}{1+u^{2}} \frac{1}{u^{2}} d u=-\int_{-1}^{1} \frac{1}{1+u^{2}} d u
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$$

so the integral is equal to its negative and hence equal to zero. How is it possible? Of course, it happened because $u=g(x)$ was not defined on all the interval $[-1,1]$, having a singularity at $x=0$.

## Substitutions in definite integrals

## SUbStitutions in definite integrals

Example 7. (High school maths intervarsity competitions in Russia)
Let us evaluate the integral

$$
\int_{0}^{\pi / 2}\left(\sin ^{2}(\sin x)+\cos ^{2}(\cos x)\right) d x
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Let us evaluate the integral

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We shall split this integral as a sum

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and transform the second integral using the substitution $u=\frac{\pi}{2}-x$, so that $d u=-d x$,

$$
\text { for } x=0, u=\pi / 2, \quad \text { for } x=\pi / 2, u=0
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$\cos (x)=\cos (\pi / 2-u)=\sin u$

## SUBSTITUTIONS IN DEFINITE INTEGRALS

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$\cos (x)=\cos (\pi / 2-u)=\sin u$, leading to

$$
\int_{0}^{\pi / 2} \cos ^{2}(\cos x) d x=-\int_{\pi / 2}^{0} \cos ^{2}(\sin u) d u=\int_{0}^{\pi / 2} \cos ^{2}(\sin x) d x
$$

## Substitutions in definite integrals

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Therefore,

$$
\begin{aligned}
& \int_{0}^{\pi / 2}\left(\sin ^{2}(\sin x)+\cos ^{2}(\cos x)\right) d x= \\
& =\int_{0}^{\pi / 2} \sin ^{2}(\sin x) d x+\int_{0}^{\pi / 2} \cos ^{2}(\cos x) d x= \\
& =\int_{0}^{\pi / 2} \sin ^{2}(\sin x) d x+\int_{0}^{\pi / 2} \cos ^{2}(\sin x) d x= \\
& =\int_{0}^{\pi / 2}\left(\sin ^{2}(\sin x)+\cos ^{2}(\sin x)\right) d x= \\
& =\int_{0}^{\pi / 2} 1 d x=\frac{\pi}{2}
\end{aligned}
$$

## An application of definite integrals

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These two figures prove that

$$
\begin{gathered}
1+\frac{1}{2}+\frac{1}{3}+\cdots+\frac{1}{n} \geq \int_{1}^{n+1} \frac{1}{x} d x=\ln (n+1)-\ln (1)=\ln (n+1) \\
\frac{1}{2}+\frac{1}{3}+\cdots+\frac{1}{n}+\frac{1}{n+1} \leq \int_{1}^{n+1} \frac{1}{x} d x=\ln (n+1)-\ln (1)=\ln (n+1)
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\frac{1}{2}+\frac{1}{3}+\cdots+\frac{1}{n}+\frac{1}{n+1} \leq \int_{1}^{n+1} \frac{1}{x} d x=\ln (n+1)-\ln (1)=\ln (n+1)
\end{gathered}
$$

so we have

$$
\ln (n+1) \leq 1+\frac{1}{2}+\frac{1}{3}+\cdots+\frac{1}{n} \leq \ln (n+1)+1-\frac{1}{n+1}
$$

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Next time: applications of the definite integral in geometry, science, and engineering.

